

**Richard B. Tatomir, M.A., C.C.C.**  
***Counsellor-Educator-Supervisor-Community Researcher***

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Bio: [LinkedIn](#) [SFU](#)

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## COVERLETTER

*I identify as an uninvited settler living on unceded, traditional Coast Salish lands, including the x<sup>w</sup>məθk<sup>w</sup>əyəm (Musqueam), Skw̓xwú7mesh Úxwumixw (Squamish), səlilwətəl (Tsleil-Waututh), qíçəy (Katzie), k<sup>w</sup>ik<sup>w</sup>əłəm (Kwikwetlem), Qayqayt, Kwantlen, Semiahmoo and Tsawwassen peoples. We come to you with deep respect, admiration, cultural humility, and friendship to your community.*

As SAFE Clinical Professor in Counselling Psychology in the Faculty of Education Counselling Psychology program from July 2019 to December 2023 (with expected renewal date to a .5 position beginning May 1, 2024), I have developed, evaluated, and supervised the diverse, Public Safety Canada funded, multi-agency SAFE counselling practicum site in Surrey, teach Graduate level classes when needed, as well as contribute my ongoing experience as a practicing counsellor with specializations in Couples and Family Therapy and Trauma Therapy to counselling associations and initiatives while I complete my PhD in Educational Psychology at SFU.

I gained the SAFE Clinical Professor position--in addition to counselling and supervision experience in Canada and the UK--my unique background piloting several government and community services initiatives with equity-seeking populations in the Lower Mainland and Northern BC, as a facilitator and trainer to professionals and the public, and my involvement in participant-centered qualitative research projects with at-risk youth . I believe my rich combination of experience from a highly collaborative, systems-thinking lens make me an excellent fit for training, developing, and evaluating mental-health related programs and services/community members.

I recently completed a temporary contract as Admissions Advisor for Counselling Psychology, where I developed a novel assessment rubric and carried out a detailed review of approximately 300 applicants based on input of my faculty members, administration, and a decade of experience as a counsellor and 5 years experience as a counsellor-supervisor (I have completed a Doctoral Course in Clinical Supervision and am applying for my Canadian Counsellor-Supervisor Designation from CCPA, as well as have delivered workshops on Trauma Informed Supervision to the CCPA and community service organizations), as well as my board experience on the BC Chapter of the Canadian Counselling and Psychotherapy Association, which has helped me become intimately familiar with the competencies both our SFU program and the overall field requires of modern counsellors.

## Common CV

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I recently taught EDUC 327: Self, Psychology, and Education, which is one of the most complex courses in the Faculty of Education Undergraduate Counselling and Human Development Minor, requiring a nuanced knowledge of both history, philosophy, and theories of change and learning in education and psychology, as well as an ability to develop student's critical analysis and group project abilities, evaluating many traditional Western assumptions and concepts, all while immersed in a social justice-oriented, cross-cultural constructivist, co-learning classroom environment.

I am also the SFU rep/liason and conference planning committee lead for the joint CCPA/BCACC Research Conference planned for November 2024 to be hosted at SFU Vancouver Harbour Centre, featuring student, faculty, and community practitioner research from all universities across Canada and major government and non-profit organization partners.

I believe my diverse experience keeps me at the forefront of Counselling Psychology and its evolving role to impact individual, community, and societal mental health, and am happy to contribute my experience working with community-based initiatives to work alongside you and your community to make lasting change.



**Richard Tatomir, MA, CCC (Co-Applicant, Evaluation Project Lead)**

Canadian Certified Counsellor #4610

Instructor, Counselling Psychology program, Faculty of Education, Simon Fraser University  
PhD Student, Educational Psychology - Lab affiliations: Mental Health Services Research  
Lab

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## Jan 1 2021-Present ACADEMIC CV

### BACKGROUND

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#### Academic positions (Current/Recent)

2024 Spring Jan-April	Sessional Instructor, Educ 327: Self, Psychology, and Education
2024 Jan 29- Mar 1 2024	Admissions Advisor, Counselling Psychology Program, SFU
2019 – Dec 2023 (Position Planned to Renew May 1 2024)	(Practitioner Instructor), SAFE (Surrey Anti-Gang Family Empowerment) program, Counselling Psychology, Faculty of Education Simon Fraser University, Surrey, British Columbia, Canada

#### Educational Background

2018-Present, PhD Student	Educational Psychology, Simon Fraser University, Burnaby, BC Note: Coursework Requirements completed, Comprehensive Exams and Dissertation remaining. Dissertation (Working Title): <i>“Leaders in Care are Leaders Who Care”: Examining Perceptions and Practices of Youth Residential Care Staff in a Counselling and Residential Care Competencies Training Program in a Community Service Agency in Vancouver, British Columbia, Canada (Qualitative Evaluation of CORE community complex care residential resources staff training model).</i>
2013, MA	Counselling Psychology, Trinity Western University, Langley, BC
2010, BA	Psychology, University of the Fraser Valley, Abbotsford, BC

#### Association Memberships

Professional Member, Canadian Certified Counsellor (CCC #4610), Canadian Counselling & Psychotherapy Association (2012-Present), BC chapter member, Counsellor-Educator-Supervisor chapter member

Crime Victim Assistance Program (CVAP) Registered Service Provider (Level 3) (Feb 2015-Present)

#### Research Interests/ Expertise

Experience in leadership/supervision and quality improvement of a graduate student community counselling practicum site, part of a multi-million dollar federally funded multi-partner early intervention mental health, violence-and-crime-risk-reduction, anti-gang initiative & situation table (Surrey SAFE program - Simon Fraser University/City of Surrey/Public Safety Canada).

Knowledge mobilization and education to Organizations, Academia, Professionals, Public, and the Media on the following subject areas:

## Common CV

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- Trauma and Resilience: Trauma Informed Practice for Organizations/Systems/Staff in Health and Community Services; Trauma Therapies/Trauma-Focused Counselling-Therapy; Trauma-Informed Supervision; Prevention and Intervention of Compassion Fatigue, Burnout; Post-Traumatic Growth, Trauma-Informed Communities of Practice
- Technology & Innovations in Counselling-Therapy: consulting re development of Virtual Reality for Internal Family Systems trauma therapy (Entheotech Canada)
- Relationship Therapy: Gottman Method Couples Therapy, Emotionally Focused Therapy
- Psychedelic-Assisted Therapy: Post-graduate training and expertise in Psilocybin-assisted individual, and group therapy, Safety & Efficacy, Psychedelic Integration
  - Gathering Groups (Facilitator), Abbotsford, BC
  - Therapsil (Trained), Victoria, BC

Mental health service research program development and consulting – experience in key aspects (staffing, barriers to implementation, fidelity, performance assessment, quality improvement) of setting up Community residential care facilities/homes, community counselling programs, counselling theories and skills

### Awards and Honours

*City of Surrey Appreciation Award: In Recognition of Excellence in Collaborative Service Delivery –*

Recipient: SFU SAFE Program

City of Surrey, Dec 7, 2023

Presented by the Mayor to the SFU SAFE Community Clinical Counselling Team - Richard Tatomir, Lead.

*2023 UBCM Community Excellence Awards: Excellence in Service Delivery –* Recipient: SAFE Program – Union of BC Municipalities, Oct 17, 2023.

The Community Excellence Awards recognize and celebrate UBCM member First Nations, regional districts and municipalities that have implemented projects or programs that go above and beyond in meeting the purposes of local government in BC. The awards are intended to showcase outstanding initiatives and share them with other members to implement in their own communities. The Excellence in Service Delivery award acknowledges programs that provide effective and beneficial services to the community in a proactive manner and draw upon performance measures, benchmarks and standards to ensure that service delivery is sustainable.

*Community Impact Award –* Recipient: SAFE Program – Kwantlen Polytechnic University, June 20, 2022.

The intent of the Community Impact Award is to recognize individuals and organizations who are strong partners of KPU and making a difference in regional communities of relevance to KPU. Since its launch in 2019, the SAFE program has supported 3,037 Surrey children and youth and 411 caregivers. (Collective award shared among all 11 partner agencies in the multi-agency initiative. Plaque located in SAFE Centre, Civic Plaza, Surrey).

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## PART 1: RESEARCH

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### Research and Development Projects

#### Funding received

2019 – Present	SAFE Clinical Professor / SAFE Clinician (Practitioner-Instructor)	<u>SAFE Community Clinical Counselling program.</u> Position and related program costs funded by Public Safety Canada/City of Surrey SAFE grant, \$100,000 per year.
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### Continuous work on funded research/development projects

2019 – Present	SAFE Clinical Professor in Counselling Psychology (Principal Investigator)	<u>SAFE Community Clinical Counselling program.</u> Position and related program costs supported by Public Safety Canada/City of Surrey SAFE funding, \$100,000 per year.
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### Funding requested, under review

2023 May – 2026 April	Program Lead (Principal Investigator)	<u>Healing Pathways - Trauma-Informed Systems Implementation, Transformation &amp; Mobilization Initiative (TI.SIT.MI) (A Community Mental Health Research &amp; Service Collaboration).</u> Position(s) / program supported by Public Safety Canada/City of Surrey BSCF (Building Safer Communities Fund), \$195,500 per year.
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### Publications

#### Additional published work

#### Planned Submissions to Refereed Journals

Tatomir, R. (2022). *COVID-19 Burnout and Beyond—A Binary Logistic Regression Analysis to Predict Depression from Factors Related to Burnout in a National Sample of Healthcare Workers in Canada: Data from Statistics Canada 2021 Survey on Health Care Workers' Experiences During the Pandemic (SHCWEP)* [Unpublished manuscript]. Faculty of Education, Simon Fraser University.

#### Additional Scholarship (aka non-traditional scholarship)

2022, November to Present (Upcoming)	<u>Conference Planning:</u> Part of an advisory and planning team to carry out a Community Mental Health Service Research Symposium (Panel, Poster Session, Community Services and Careers Fair) on May 5, 2023	Upcoming: CAMH (Centre for Addiction and Mental Health) Culturally Adapted CBT project
2021, May to 2021, July (Submitted)	<u>Evaluation Project (incl. Proposal, Report w/ Recommendations, Logic Model, Presentation):</u> Evaluation of Mental Health and Psychosocial Support WHO Pacific Islands Joint Incident Management Team Strategy during COVID-19 Pandemic. Evaluation Team (SFU HSCI 826): Archibald, R., Ladack, A., Tatomir, R., White, G., Zapernick, A. (Alphabetical order).	Submitted to Joint Incident Management Team (Mental Health and Psychosocial Support Cell) for the 21 Pacific Island Countries via Jennifer Hall, World Health Organization, Joint Incident Management Team Lead, Pacific Islands (July 4, 2021).

#### Invited Professional Presentations

2022, November 5	<u>Keynote:</u> Trauma informed counselling therapy	Annual General Meeting of the BC Chapter of the Canadian Counselling and Psychotherapy Association, Ottawa, ON (Virtual)
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## Common CV

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2022, April 25	<u>Presentation:</u> Trauma informed practice: Intro to trauma counselling therapy	DIVERSEcity Community Resources Society, Surrey, BC (Virtual)
2022, April 1	<u>Presentation:</u> Trauma informed practice: Intro to trauma counselling therapy	Paramount Pediatrics, Surrey, BC
2022, March 30	<u>Presentation:</u> Trauma informed practice: Intro to trauma counselling therapy	Multi-agency meeting of SAFE (Surrey Anti-Gang) Family Empowerment, and CHART (Children and Youth At-Risk Table), Surrey, BC (Virtual)
2022, May 24	<u>Presentation:</u> Trauma informed practice pt2: The “Grit”-y Road of Fierce Self-Compassion Building the Resilience Capacity of Helpers Traumatic Times	Paramount Pediatrics, Surrey, BC

## Media Engagement

2022, November 17	<u>Interview:</u> Anna Burns, Journalist	Surrey Now Leader (Black Press)
2022, November 3	<u>Newspaper article:</u> SFU experts tackle gang violence in two projects <a href="https://canadatoday.news/bc/sfu-experts-combat-gang-violence-in-two-projects-7056">https://canadatoday.news/bc/sfu-experts-combat-gang-violence-in-two-projects-7056</a> <a href="https://voiceonline.com/sfu-experts-tackle-gang-violence-in-two-projects/">https://voiceonline.com/sfu-experts-tackle-gang-violence-in-two-projects/</a> SFU experts on curbing gang violence <a href="https://www.sfu.ca/sfunews/media/issues-experts/2022/11/sfu-experts-on-curbing-gang-violence.html">https://www.sfu.ca/sfunews/media/issues-experts/2022/11/sfu-experts-on-curbing-gang-violence.html</a>	Canada Today News The Indo-Canadian Voice SFU Issues and Experts (Faculty of Education)
2022, October 25	<u>News article:</u> Stopping gang violence well before it starts <a href="https://www.sfu.ca/education/news-events/2022/october-2022/stopping-gang-violence-before-it-starts.html">https://www.sfu.ca/education/news-events/2022/october-2022/stopping-gang-violence-before-it-starts.html</a>	SFU Faculty of Educations News & Events Re: Oct 21 Federal Government meeting
2022, October 21	<u>Meeting and Official Announcement:</u> Building Safer Communities Fund and Bill C-21 Gun control bill. SAFE multi-partner meeting.	Prime Minister of Canada, Right Hon. Justin Trudeau Hon. Marco Mendicino, Minister of Public Safety & Emergency Preparedness

## Additional contributions

### Government/Community Building

2022, October 21	<u>Roundtable:</u> SAFE. Progress on interventions against Gang Violence.	Hon. Marco Mendicino, Minister of Public Safety & Emergency Preparedness M.P. Randeep Sarai (Lib.) (Surrey Central) M.P. Sukh Dhaliwal (Lib.) (Surrey-Newton) M.P. John Aldage (Lib.) (Surrey-Langley City)
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2022, Apr 29	<u>Podcast (Guest):</u> <i>Meet Richard, a counselling therapist, who is part of the multi-agency Surrey Anti-Gang Family Empowerment (SAFE) Program and is also a relationship counsellor.</i>	Mayor Doug McCallum, Surrey SAFE Centre, Civic Plaza, Surrey FACTBC (Federation of Associations for Counselling Therapists in British Columbia) podcast, <i>Take Care</i> , explores mental health topics and the profession of counselling therapist in British Columbia as it relates to the pursuit of regulating counselling therapists to protect the public and ensure accountability across the profession. Interviewer: Elaine Unger, FACTBC
2021, October 7	<u>Roundtable:</u> Surrey Police Service - Focus Group / Consultation w/ SAFE Agencies on Development of SPS	S/Sgt. Kathy J. Furgason, Surrey Police Service, NCO i/c District Support Team Curt Taylor Griffiths, Ph.D., Professor and Coordinator, Police Studies Program, School of Criminology, Simon Fraser University
2021, July 30	<u>Roundtable:</u> SAFE. Progress on interventions against Gang Violence.	Hon. Marco Mendicino, Minister of Public Safety & Emergency Preparedness M.P. Randeep Sarai (Lib.) (Surrey Central) M.P. Sukh Dhaliwal (Lib.) (Surrey-Newton) M.P. John Aldage (Lib.) (Surrey-Langley City) M.P. Ken Hardie (Lib.) (Fleetwood-Port Kells) Mayor Doug McCallum, Surrey
2021, May 18	<u>Roundtable:</u> SAFE. <i>Steadfast</i> : In conversation with Lower Mainland Gang Crime Prevention Resource Providers.	SAFE Centre, Civic Plaza, Surrey Hon. Bill Blair, Minister of Public Safety & Emergency Preparedness M.P. Randeep Sarai (Lib.) (Surrey Central) The Honourable Harjit S. Sajjan (Lib.), Vancouver South, Minister of National Defence Virtual

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## PART 2: TEACHING

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### Teaching/Research assignments in 2021 and 2022

2023 Summer: EDUC 871: Family Counselling (Instructor of Record)

2021-Present: Practicum Site/Clinical Supervisor for Students in EDUC 801/802 at SFU & Other University-equivalent: Adler School of Professional Psychology: Vancouver, City University Canada; Yorkville University, Canada

2021-Present: Instructor for Clinic 799/800 (Backfill - covered multiple times for primary instructor).

### **Other Teaching Focused Activities**

Invited Speaker, Research Hub Writing Retreat: The “Grit”-y Road of Fierce Self-Compassion: Building Resilience Capacity During Our Thesis/Dissertation Writing Journey. Host: Tania Bakas, Research Hub, Faculty of Education, SFU, Surrey. March 16, 2021

Guest Lecturer, EDUC 870: Family Counselling, Instructor: Masahiro Minami

Topic: Emotionally Focused Therapy and Gottman Method for Couples and Family: Structure and Techniques. July 28, 2022.

Guest Lecturer, EDUC 862: Individual Assessment in Counselling, Instructor: Masahiro Minami. Nov 25, 2021.

Topic: Understanding/Formulating systems: On child abuse/neglect (Duty to Report).

### **Program Development**

SAFE Practicum Site program development. Expansion from individual clinician to multiple practicum students at multiple universities delivering not only individual therapy, but workshops and groups to public and professionals.

### **Professional Development and Learning**

#### **Additional Courses Taken Beyond Current Degree (PhD Student) Requirements:**

Attended Hub Model/Situation Table training. Collaborative Risk-Driven Intervention: A Refresher Session for Hub-Situation Tables; Improving Confidence and Skill at Filter 4 Planning and Intervention Deployment – Dr. Chad Nilson, Consultant, Inaugural Research Fellow, The Centre for Forensic Behavioural Science and Justice Studies, University of Saskatchewan / Founder: Living Skies Centre for Social Inquiry. Host: SAFE / City of Surrey. Sep 21-22, 2022.

CCPA (Canadian Counselling & Psychotherapy) Conference. Theme: Revitalize Your Practice / Managing the Echo Pandemic of Mental Health Issues, May 20-22, 2022 (Virtual)

Contributor: An Update on the Regulation of Counsellors and Psychotherapists across Canada – Drs. Blythe Shepard, Glenn Shepard

Attended Sessions:

- Managing the Unmanageable: Growing Through Adversity (Applying resiliency training for Canadian military to increase resilience for health professionals) – Dr. Amir Georges Sabongui
- The Utilization of Action Research Approach to Re-energize Counselling Education and Teaching - Chao-Mei Chiang - Assistant Professor, National Taiwan Normal University, Department of Educational Psychology and Counseling
- Building Resilience to the Effects of Vicarious Trauma, Compassion Fatigue, and Burnout through Self-care Planning: An Ethical Imperative - Michael Sorsdahl, Psychologist/Educator, Juvenation Wellness
- Sex Therapy: Are you Helping or Hurting? - Constance Lynn Hummel  
Psychotherapist, Constance Lynn Counselling, Coaching & Consulting; Dr. Teesha Morgan, Westland Academy of Clinical Sex Therapy
- Multicultural and Diversity Courses: A Comparison of Online and Site-Based Education Formats for Counsellors-in-Training – Melanie Person, Associate Professor, Gonzaga University; Nikki Roy, Certified Canadian Counsellor, Stillar Psychological Services

SHIFTBC 4th Annual Symposium, Surrey Civic Hotel on November 9, 2021 from 9:00 AM – 4:30 PM PST and November 10 from 9:00 AM – 2:30 PM PST. Sessions attended included Dr. Garth Davies of SFU, The Organization for the Prevention of Violence, and a variety of others covering topics related to CRV/VE, Hate-Motivated Violence, related Intelligence, prevention, and early intervention programs.

*Shift is a risk-reduction and individual resiliency program led by the BC Ministry of Public Safety and Solicitor General. Shift is led by the BC Ministry of Public Safety and Solicitor General specifically focused on providing support to individuals that are vulnerable to the process of radicalization to violence. SHIFT refers and supports community hubs to meet client needs for multi-sectoral interventions/Integrated Case Management and disengagement, such as SAFE/CHART initiative in Surrey.*



## Common CV

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HSCI 826: Program Planning and Evaluation. Instructor: Mary Elizabeth (Beth) Snow. 2021 Summer. Submitted report to WHO – see section: *Additional Scholarship (aka non-traditional scholarship)*

Attendee: Safer Schools Together Gangs & Guns Training Symposium. The Gangs & Guns Training Symposium Is a Special Two-day Event Focusing on Prevention and Enforcement Strategies That Are Applicable to All Communities. Leading Experts from Across North America Come Together to Address the Emerging Trends of Gang and Gun Violence. (Feb 11-12, 2021).

Therapsil Training Program in Psychedelic (Psilocybin)-Assisted Psychotherapy. (Canadian Psychological Association approved, Health Canada-informed training).

Modules:

1. The TheraPsil Mission: Advocacy, Assessment & Referral
2. History of Clinical Research in Psychedelic Therapy
3. Neurobiology, Neuropharmacology, Drug Disposition, and Drug Interactions
4. Current Models of Consciousness
5. Preparation and Integration Sessions
6. The Medicine Session
7. Therapeutic Relationship
8. Psychedelic Therapy in Palliative Care
9. Observing Psychedelic Sessions
10. Complementary Therapeutic Modalities in Psychedelic Psychotherapy
11. Trainee Psychedelic Experience (total 60 hours)
12. Clinical Supervision (minimum 10 hours)

### Supervision of Graduate Students

#### M.Ed. completed: Clinical Supervisor

<u>Student or Cohort Name</u>	<u>Degree</u>	<u>Program</u>	<u>Capstone Activity</u>
Sahota, Harjeet	M.Ed.	Counselling Psychology	Comprehensive Exam
Sharma, Krishna	M. Ed.	Counselling Psychology	Comprehensive Exam
Rehal, Ikjyot	M. Ed.	Counselling Psychology	Comprehensive Exam
Rikert, Nikolina	M.Ed.	Counselling Psychology	Comprehensive Exam

#### Current supervision (Clinical): M.A. or M.Ed.

##### Example:

<u>Student or Cohort Name</u>	<u>Degree</u>	<u>Program</u>	<u>Capstone Activity</u>
Sidhu, Evan	M.Ed.	Counselling Psychology	Comprehensive Exam
Broderick, Cynthia	M.Ed.	Counselling Psychology	Comprehensive Exam
Bakas, Tania	M.A.	Counselling Psychology	Comprehensive Exam

#### Thesis examiner

<u>Student or Cohort Name</u>	<u>Degree</u>	<u>Program</u>	<u>Thesis/Dissertation Title / Capstone Activity</u>
Petrovic, Ljudmila	M.A.	Counselling Psychology	Balkanization of identity: Rebuilding fragmented

## Common CV

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identities through  
narratives  
(2021, May 11)

### Comprehensive Exam reader (not as senior supervisor)

<u>Student or Cohort Name</u>	<u>Degree</u>	<u>Program</u>	<u>Capstone Activity</u>
Hazlett, Lisa	M. Ed.	Counselling Psychology	Comprehensive Exam (2022, September 26)
Joensuu, Eleonora	M.Ed.	Counselling Psychology	Comprehensive Exam (2021, April 9)
Naji, Mai	M. Ed.	Counselling Psychology	Comprehensive Exam (2021, April 9)
Sharma, Krishna	M. Ed.	Counselling Psychology	Comprehensive Exam (2021, April 9)

### Supervision of Research Assistants

<u>Student Name</u>	<u>Project</u>	<u>Dates of employment</u>
Hubble, Michelle	SFU SAFE Community Clinical Counselling Program	Oct 4, 2021 - Present
Magyari, Linda	SFU SAFE Community Clinical Counselling Program	November 23, 2020 - Aug 31, 2021

## PART 3: SERVICE

### Service to Faculty of Education

2021-Present      Committee/Cognate member: Faculty of Education Counselling Psychology program review (2021-Present) ((In Progress) with Drs. Sharalynn Jordan, Gillian Smith, Patricia Nitkin, Alanaise Ferguson, Masahiro Minami, Krista Socholotiuk.

### Service to Professional Community

2019, July – Present	Agency representative, Leadership Group, Systemic Barriers subcommittee	SAFE (Surrey Anti-Gang Family Empowerment) / CHART (Children and youth At-Risk Table), Surrey, BC
2021, Sep - Present	Representative / Alternative Representative	FACTBC (Federation of Associations for Counselling Therapists in British Columbia) – multi-association advocacy organization to provincial government for regulation of counselling in BC since 2014 (formerly Task Group for Counsellor Regulation (Task Group, 1997).
2015, May - Present	Past President (Sep 2022- 2023), President (Sep 2020-2022), Director - Secretary (April 2019- 2021), Director (May 2015- 2019)	CCPA (Canadian Counselling and Psychotherapy Association), BC Chapter

**Full CV**

**Richard B. Tatomir, M.A., C.C.C.**  
***Counsellor-Educator-Supervisor-Community Researcher***

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**HIGHLIGHTS**

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- Experience in Leadership, Development and CQI of a multi-million dollar federally funded cross-agency mental health & violence-reduction initiative & situation Table (Surrey SAFE Program - Simon Fraser University, City of Surrey, Public Safety Canada)
- 10 years as a therapist, 5 years as a supervisor w/ experience in Canada, US, and UK in university, government, healthcare, nonprofit, and private settings
- Advocate for regulation of Counselling-Therapists in BC (CCPA, FACTBC board member)
- Media/Public Relations experience – frequent radio and print news guest expert re relationships, psychotherapy, general mental health, Podcast host: “R&R in Relationships,” media training from Impact Public Affairs
- Training in Psychedelic-Assisted Psychotherapy (Therapsil - curriculum developed in consultation Health Canada)
- EMDR (Eye Movement Desensitization & Reprocessing) trained
- EFT (Emotionally Focused Therapy) trained
- EA (Existential Analysis) & Meaning-centered therapy trained
- Instructional Designer/Trainer/Lecturer/Consultant in Applied Behavior Analysis (ABA)/Behavioral Therapy, Basic Counselling Skills/Counselling Microskills, EFT (Emotionally-Focused Therapy) and Gottman Relationship Therapy Methods, Jungian Sandtray Play Therapy, Overcoming Procrastination, Trauma-Informed Systems and Therapies, Building Resilience/Overcoming Compassion Fatigue in Practitioners, Starting a Private Practice, Multidisciplinary Care Team Facilitation, Complex/Concurrent Cases, Ethics – including expertise re Informed Consent in Multidisciplinary/Cross-Agency Settings and Training Facilities, Abuse/Neglect and Duty to Report, STI/STD disclosure and the law, Technology, Multicultural Counselling

**RESEARCH INTEREST**

- Intersections between Crime and Social Determinants of Health – framing Crime/Gang Involvement/Radicalization as a Population Health Issue
- Multi-sector Collaborative Care/Systems Navigation, Systems Advocacy/Integrated Case Management (Situation Tables, Hub Model) for Marginalized/Vulnerable populations with Complex Mental Health needs
- Cross-cultural/International Mental health services research & Implementation science - including identification and reduction of barriers to access and engage with

- treatment, knowledge translation, knowledge mobilization - e.g. Improving Access to Psychological Therapies (IAPT)
- Clinical systems engineering, program development & evaluation
  - Training development and evaluation for capacity building in organizations esp. re Trauma-Informed Practice, Counselling skills, specialty topics in Psychology, Education, and Health
  - Innovations for counsellor and counsellor-educator supervision and skills development including curriculum development, training, and technology utilization

### COMMUNITY WORK

- Clinical Supervisor/Lead for Surrey SAFE Community Clinical Counselling at SFU Surrey
- President of Canadian Counselling and Psychotherapy Association, BC Chapter
- Faculty member, Clinical Supervisor and Organizational Consultant in Counselling Psychology and specialty topics including gang violence, counsellor education, and mental health systems transformation
- Multi-million dollar Federally funded Cross-Agency Mental Health & Violence-reduction Initiative & Situation Table (Surrey SAFE Program - Simon Fraser University, City of Surrey, Public Safety Canada)
- 10 years as a Therapist, 5 years as a Supervisor w/ experience in Canada, US, and UK in University, Government, Healthcare, Nonprofit, and Private settings
- Advocate for Regulation of Counselling-Therapists in BC (CCPA, FACTBC board member)
- Media/Public Relations experience – frequent radio and print news guest expert re relationships, psychotherapy, general mental health, Podcast host: “R&R in Relationships,” media training from Impact Public Affairs
- Training in Psychedelic Psychotherapy (Therapsil)
- EMDR (Eye Movement Desensitization & Reprocessing) trained, including Advanced training in Progressive Approach (Mosquera) for Complex Trauma & Dissociation/Parts Work/Internal Family Systems (IFS)
- EFT (Emotionally Focused Therapy) trained
- EA (Existential Analysis) & Meaning-centered therapy trained
- Instructional Designer/Trainer/Lecturer/Consultant in Applied Behavior Analysis (ABA)/Behavioral Therapy, Basic Counselling Skills/Counselling Microskills, EFT (Emotionally-Focused Therapy) and Gottman Relationship Therapy Methods, Jungian Sandtray Play Therapy, Overcoming Procrastination, Trauma-Informed Systems and Therapies, Building Resilience/Overcoming Compassion Fatigue in Practitioners, Starting a Private Practice, Multidisciplinary Care Team Facilitation, Complex/Concurrent Cases, Ethics – including expertise re Informed Consent in Multidisciplinary/Cross-Agency Settings and Training Facilities, Abuse/Neglect and Duty to Report, STI/STD disclosure and the law, Technology, Multicultural Counselling

### EDUCATION

Sep 2018-Present

Ph.D. Student - Educational Psychology (CGPA: 3.93 / 4.33)  
Simon Fraser University

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Dissertation topic: *Effects of a Trauma-Informed Staff Training on Staff's Perception and Practice with Youth in Residential Care (Mixed method evaluation of CORE community complex care residential resources staff training model)*

Sep 2010-May 2013 M.A. Counselling Psychology, Great Distinction (CGPA: 3.9 / 4.30) Trinity Western University

Research project: ***Nothing About Us Without Us: Youth-Led Solutions to Increase High School Completion Rates*** (Joint grant: Ministry of Children & Family Development (MCFD), Trinity Western University, Chilliwack School District, Chilliwack Social Research & Planning Council)

Sep 2005-Apr 2010 B.A. Psychology (CGPA: 3.18 / 4.33)  
University of the Fraser Valley

### PROFESSIONAL CERTIFICATION

2013-Present Canadian Certified Counsellor (CCC #4610)  
Canadian Counselling & Psychotherapy Association Member since 2012  
Professional Liability Insurance (\$3 million) – BMS  
Crime Victim Assistance Program (CVAP) Registered Service Provider (Level 3) since Feb 2015

### SERVICE TO THE PROFESSION

**2021-2023 President, BC Chapter, Canadian Counselling & Psychotherapy Association (CCPA)**

**2021-2023** Alternate Board Member, Federation of Associations for Counselling Therapists in British Columbia (FACTBC) – Government Liason Committee, Board Member Orientation Committee

### AWARDS & HONOURS

**Summer 2019** SFU Faculty of Education Graduate Fellowship - \$3250

**Feb 2011** TWU M.A. Counselling Psychology Award – \$750

**Sep 2011** TWU M.A. Counselling Psychology Award - \$1000

### PROFESSIONAL EXPERIENCE

**Clinical Focus: *Relationships, Conflict Resolution, Complex Mental Health (incl. Trauma, Addictions), Education and Supervision of Counselling-Therapists***

**Jul 2019-Present Practitioner Faculty in Counselling Psychology**

**Simon Fraser University (SFU) – Surrey, BC**

**Part Time (P/T), .8FTE, Appointment Jul 15 2019-Dec 21 2023**

- Provide consultation and collaborative leadership at Child and Youth at Risk Table (CHART) to government, municipal, health, and non-profit agencies directed towards reducing violence and criminal

activity of children, youth and families involved with the Surrey Anti-gang Family Empowerment (SAFE) initiative

- Supervise and teach 2<sup>nd</sup> year Counselling Psychology Graduate students as Counsellor-Trainees in Clinic 799/800 in collaboration with the Clinic Director
- Supervise 3<sup>rd</sup> year Counselling Psychology Graduate Students as Practicum Student Counsellors in Practicum 801/802 in-person and remotely
- Manage referrals, assess, and deliver counselling to highest-risk clients identified by SAFE/CHART and other agency partners
- Program evaluation and budgeting of SFU SAFE Program according to deadlines and protocols in collaboration with City of Surrey Community Safety Team
- Faculty duties such as applicant admissions review, adjudicating comprehensive exams, chairing thesis defences

**Jun 2019-Present Canadian Certified Counsellor (Part-Time P/T)**

**Paramount Pediatrics - South Surrey, BC**

- Individual and Family counselling to Youth & Parents with complex medical and psychological issues, including Neurodiversity (Autism, ADHD, LDs), Complex Trauma (PTSD), Anxiety and Mood Disorders
- Provide evidence-based assessment (Weiss, GAD, SCARED, PHQ) and treatment (Visual CBT, DBT, EFT/EFFT, EMDR, Attachment-based Play Therapy, Parent Management Training, ABA/FBA Positive Behaviour Support and Safety Plans)
- Senior Clinical consultant on mental health to multi-disciplinary team of Doctors, Nurses, Occupational Therapists, Behaviour Consultants, and other Counsellors. Deliver formal training to clinic team and the public on relevant Mental Health topics.
- Facilitate Integrated Case Management meetings with school-based teams and provide consultation, recommendations, and documentation to support Ministry Designations
- QHR Accuro EMR competent

**Jul 2013-Present Group Practice Founder, Canadian Certified Counsellor (Part-Time P/T)**

**Relationship Experts Vancouver – Langley, Vancouver, Virtual**

- Engage couples, families, and single clients in evidence-based relationship therapy methods; Feedback-Informed Therapy guides treatment planning of clients. Develop and facilitate workshops on improving relationship health. Advanced training in Gottman Method of Couples Therapy (Level 1 and Group Educator) and Emotionally-Focused Therapy (EFT) methods to the public, post-secondary and counselling associations. Featured radio expert and column contributor on modern dating and relationships (CBC, CKNW, Global)

- Podcast: R&R on Relationships
- JaneApp Practice Management/EHR competent

**Oct 2017-July 2019 EFAP Counsellor/Therapist**

**Part Time (P/T) Contract**

**Homewood Health – Langley, BC**

- Provide primarily Solution-Focused Brief Therapy and Cognitive-Behavioural-Therapy oriented counselling to adults, families, and youth with a wide range of mental health issues, particularly depression, anxiety, trauma, and complex relational issues (high conflict, affairs). Regular use of suicide risk assessments and Interventions (Columbia Suicide Severity Rating Scale [C-SSRS]), drug & alcohol assessments and interventions (ASSIST, AUDIT); clinical note-taking and reporting.

**Sep 2017-Aug 2018 Child & Youth Mental Health Integrated Practice Clinician (IPC) – Aboriginal specialty (Social Program Officer SPO 25)**

**Full Time (F/T)**

**Ministry of Children & Family Development – Tri Cities/Maple Ridge, BC**

- Provide direct clinical services such as intake, assessment, diagnosis, treatment, and crisis intervention for children and youth with all or most of the following (1) in Ministry care, (2) experience of chronic/complex trauma, (3) comorbid/concurrent substance use and mental health conditions. Services will often be provided in an Assertive Community Treatment outreach format to the client's home, hospital, or other community location.
- Carry out, develop or direct therapy, consultation, and treatment plans using a variety of intervention modalities, including but not limited to, Modified Interaction Guidance/ Circle of Security/Attachment-based therapies, Motivational Interviewing, Zones of Regulation, Behaviour Therapy, Complex Care and Intervention Program, Trauma-Informed Practice, Systemic Family Therapy
- Provide consultation and professional recommendations to community agencies, schools, hospitals, and other ministry programs as an expert in understanding complex trauma and attachment
- Create and provide train-the-trainer type education in a variety of interventions for those supporting complex trauma clients; Development, presentation and evaluation of community education, coordination and prevention/early intervention programs/groups, especially for health, education, and social work professionals, group home/resource staff, foster parents, and family of clients
- Administer and score mental health-related test instruments, including determining level of risk and/or functioning with measures such as ASSIST, ASARI, CAFAS, BCFPI, SCARED, Weiss Diagnostic Screen, etc.

- Maintain basic knowledge of psychotropic medications as prescribed by a physician, maintaining an awareness of the effects of such medications
- Some program development and evaluation – developed and piloted “Child Specific Development and Risk Assessment” measure

**Apr 2015-Sep 2017 Children & Youth with Complex Care Needs Provincial Outreach Clinician (Full Time F/T)**

**Ministry of Children & Family Development - Burnaby, BC**

- Provide clinical oversight and supervision/mentoring/training to complex care unit staff, parents, education/health/social service and staffed resource personnel across BC in Applied Behavioral Analysis, Trauma-informed neurodevelopment, and attachment principles to build capacity in caring for high-risk youth with Complex Needs (Children and youth in government care with comorbid intellectual disability, mental health, and behavioural issues)
- Gather necessary documentation from community to allow for admission into the Complex Care Unit (CCU) according to community care & licensing act and MCFD policy; Complete treatment planning and progress reports from intake through discharge and post-discharge follow-up surveys
- Regularly facilitate or participate in Integrated Case Management/WRAP, Complex Care Intervention, High-Risk Youth, Family Case Conference, and Transition Planning meetings
- Conduct Functional Behaviour Analysis and integrate client’s assessment history into creation of Positive Behaviour Support Plans, Safety Plans, that understand and respect client’s religion/culture/community
- Conduct skill-building sessions directly with clients and caregivers at the CCU and in their own communities to improve emotion regulation (utilizing programs such as Zones of Regulation), conflict-resolution, and life skills; Develop and reinforce learning through use of visual aids, adaptive equipment, sensory tools, augmentative and alternative communication (AAC), and reward systems

**Jan 2012-Nov 2014 Youth and Family Therapist (F/T)**

**Mission Community Services - Mission, BC**

- Provide therapeutic treatment and mediation to high-conflict and mentally ill children, youth, and families referred by the Ministry of Children and Family Development; Teach youth lifeskills group for transition into independent living; ConnectParent evidence-based group to build capacity in parent’s ability to attach to their children including in the cases of severe attachment disruption; Safety Planning with suicidal youth and adults following ASK-ASSESS-ACT method

**Sep-Dec 2011 Addictions Therapist Intern (MA-Internship P/T)**



**Fraser Health, Fraser House Society - Mission, BC**

- Facilitate men's group for recovering poly-substance users; Focused on adult male clients suffering from addiction-related issues, including complex trauma and mandated clients; Training and use of various assessment measures such as HONOS (Health of the Nation Outcome Scale), GAF, etc. per Fraser Health Mental Health & Addictions guidelines

**May-Aug 2011 Behavioural Coach/Intern Behavioural Therapist (Paid MA-Internship F/T)**

**CRC Health Group, Wellspring Camps – Exeter, UK**

- Counsel children and youth with severe obesity and psychological issues, many from Arabic countries, in a residential treatment camp setting with an Applied Behaviour Analysis focus; Facilitate 3 groups a week with 10+ participants on improving mental/physical health from; Taught weekend parenting workshops; Create and teach presentation on multi-cultural sensitivity to staff; Regularly facilitated awards ceremony for over 100 campers and staff to reinforce client progress; Provided required regular email follow-up after conclusion of camp

**Feb 2011-Sep 2011 Detox Intake Worker (Casual Employee)**

**Fraser Health, Surrey Creekside Detox - Surrey, BC**

- Conducted intake assessments over phone and in person for clients detoxing from drugs and alcohol, including basic crisis counselling and suicide prevention; Liaised with hospital administration and addiction professionals to ensure smooth intake, discharge, and transition of clients

**Sep 2010-Apr 2011 Practicum Student Therapist (P/T)**

**Trinity Western University, Fraser River Counselling Centre - Langley, BC**

- Counsel individual adults and families suffering from a wide-range of psychological issues; Demonstrate variety of cognitive-behavioural based interventions and trauma therapies, including somato-sensory, ego-state work, Satir, and Gestalt empty-chair work while under live and taped observation from supervisor and colleagues

**Oct 2009-Jan 2012 Shelter Worker, Second Stage Supportive Housing Worker (P/T) Mission Community Services, Haven in the Hollow - Mission, BC**

- Enforce shelter rules, mediated conflicts with residents, liase between service agencies (WorkBC, hospitals, drug rehab facilities) and client, prepared meals and sanitized facilities, constant two person teamwork; Engage in regular safety drills and kept detailed statistics and records of intakes as per BC Housing guidelines

- Nov 2009-Sep 2010 Community Support Worker (P/T)**  
**Communitas Supportive Care Society - Abbotsford, BC**
- Assist 22 and 28-year-old client with multiple disabilities (autism, bipolar, OCD tendencies, aggression) with daily routine: administer daily medications, bathing, food prep and shopping, drive to social outings; Participate in care team meetings and performed detailed behavioural charting

- Nov 2009-Jun 2010 Behaviour Interventionist (P/T)**  
**Contractor for Family with BC Autism Unit Funding - Abbotsford, BC**
- Twice weekly sessions of ABA Behavioural Therapy (Lovaas technique) per week with 5-year-old boy. Focus on building social skills and reduction of aggressive behaviours as well as intensive tracking of behavioural data for senior interventionist

**TEACHING & RESEARCH EXPERIENCE**

- Mar 6 2019 Guest Lecturer**  
**Program Development, Evaluation, and Professional Practice in Counselling – CNPS 584 (Graduate)**  
**University of British Columbia - Vancouver, BC**  
**Instructor: Dr. Roberta Neault**

- Presented 1-hr lecture on my PhD research (Mixed methods evaluation of Therapeutic Residential Care staff training). Discussed ethics, barriers, and best practices of program development and evaluation for counsellors in government, NGO, and private practice contexts to 15 Masters students in Department of Educational and Counselling Psychology and Special Education (Counselling Psychology Program).

- Feb 20 2019 Guest Lecturer**  
**Field Experiences (Counselling Practicum Seminar) - CNPS 598 (Graduate)**  
**University of British Columbia - Vancouver, BC**  
**Instructor: Tammy Lee**

- Presented 3-hr lecture on Emotionally Focused Therapy (EFT) and Gottman method couples therapy to 7 final-year Masters students in the Rehabilitation Counselling stream of the M.A. in Counselling Psychology.

- Jan-Apr 2015 Instructor of Record (P/T Contract)**  
**Introduction to Trauma Counselling – Psy 140 (Undergraduate)**  
**Native Education College - Vancouver, BC**

- Instructor for 12 first-year students in the Family and Community Counselling Certificate program in understanding the nature of trauma

on a personal and societal level, and explore both Western empirical and traditional Aboriginal healing practices

**Jan-Apr 2013 Teaching Assistant (P/T Contract)**

**Crisis Counselling - CPSY 613 (Graduate)**

**Trinity Western University – Langley, BC**

**Instructor: Martin Bartel**

- Teaching assistant for over 20 Masters-level students on best practices and interventions for treating clients affected by various crises, including large-scale natural disaster. Topics included: Psychological First Aid, Critical Incident Stress Debriefing for violence in the workplace, suicide assessment (ASK-ASSESS-ACT model), sexual assault/rape intervention, and community disaster preparedness & response.
- Co-create structure of MA-level Crisis Counselling course, assisted with weekly lesson plan, found supplemental materials, uploaded content to MyCourses (Moodle-based Learning Management System), marked assignments

**Jan-Dec 2013 Researcher & Facilitator (Highschool) (P/T Volunteer)**

**“Nothing About Us Without Us: Youth-Led Solutions to Increase High School Completion Rates”**

***Joint Project: Ministry of Children & Family Development (MCFD), Trinity Western University, Chilliwack School District, Chilliwack Social Research & Planning Council – Chilliwack, BC***

- Train at-risk youth at least once per week in-school plus email and telephone support in interviewing, presentation, and data analysis techniques on a project to improve high-school completion rates with special focus on high-risk alternative school student success
- Advanced data analysis and interpretation of several hundred critical incidents using the Implementation Science based method of Enhanced Critical Incident Technique from the paradigm of Participatory Action Research (included guidance/training by developer of ECIT, Dr. Lee Butterfield, University of British Columbia)
- Gave presentations approximately every other month on findings and formal recommendations to school district, provincial government, media, including BC School Superintendents Conference and BC Counselling Psychology Research Conference
- Project became a paper published in the Journal of Educational Action Research, as well as spurring VYPER (Valley Youth Partnership for Engagement) an ongoing committee/program focused on youth developing their own solutions to overcoming systemic mental health, substance use and educational barriers

**Nov 2014- Apr 2015 MoodSmartBC Workshop Facilitator (Adults – Seniors) (P/T Contract)**

**Mood Disorders Association of BC – Vancouver, BC**

- Deliver 1.5 hr CBT workshop to seniors in community centres around Vancouver to recognize presence of depressive symptoms to allow for early intervention

**Private Sector**

**2011-2012 Scientific Consultant/Program Evaluator (P/T)**

**Devon Ash, CEO, Social Fluency Inc. - Vancouver, BC**

- Develop assessment to evaluate participants' entry and exit knowledge and degree of change in an advanced social skills training course for male executives with relationship issues

**Undergraduate**

**Sep 2009- April 2010 Research Assistantship (P/T)**

**Dr. Sven van de Wetering, Psychology, University of the Fraser Valley - Abbotsford, BC**

- Summarize academic journal articles, organize into database, performed market research/gap analysis for development of textbook in Environmental-Social Psychology. Completed 50+ page project on the etiology and treatment of Social Anxiety focused on issues around sexuality & relationships.

## **RELATED PROFESSIONAL SKILLS**

- Assessment & Diagnosis: Graduate-level courses in Assessment (CPSY 522), Career Counselling (CPSY 515) & Psychopathology (CPSY 607) and on-the-job experience administering various mental health, substance use and risk assessment inventories (About My Life, ASARI, AUDIT, BAI, BDI, CRAFFT, DAST-10, PSSI, TLEI, YBOCS-2 etc.)
- Statistics: SPSS - Quantitative: Parametric/Non-parametric; Atlas.ti – Qualitative (e.g. Enhanced Critical Incident Technique [ECIT], Participatory Action Research [PAR])
- Client Database & Survey: CARIS (MCFD), PARIS (Fraser Health)
- Financial: Expensify, Excel, iExpenses, Quicken
- Office: Microsoft Office Suite (All Versions); Google Apps for Business
- Project Management: SharePoint, Asana, Trello
- Website Design – wordpress.org

## **PUBLICATIONS**

**Peer-Reviewed Journal Articles**

**2015**

**Chou, F., Kwee, J., Lees, R., Firth, K., Florence, J., Harms, J., Raber, M., Stevens, T., Tatomir, R., Weaver, C., Wilson, S. (2015). Nothing about us without us! Youth-led solutions to improve high**

school completion rates. *Educational Action Research*, 23(3), 436-459. doi:10.1080/09650792.2015.1013047

### Other Publications

- 2018** Tatomir, R. (2018, Feb). *Review of mobile applications for use with counselling clients*. In *BC Chapter of CCPA Newsletter (Spring edition)*. <https://www.ccpa-accp.ca/wp-content/uploads/2018/05/BC-CCPA-Newsletter-Spring-2018-Edition-FINAL.pdf>
- 2016** Tatomir, R. (2016, February). *The road less travelled: Non-typical career opportunities for counsellors in BC*. In *BC Chapter of CCPA Newsletter (Spring edition)*. Retrieved from [https://www.ccpa-accp.ca/wp-content/uploads/2016/02/BCChapter\\_February2016Edition.pdf](https://www.ccpa-accp.ca/wp-content/uploads/2016/02/BCChapter_February2016Edition.pdf)

### INVITED TALKS

- 2019** Tatomir, R., & Chen, E. (2019, Mar 6). Professional and academic examples of program development and evaluation including mixed methods evaluation of therapeutic residential care staff training, participatory action research, and feedback informed treatment. In R. Neault (Instructor). *CNPS 584: Program Development, Evaluation and Professional Practice in Counselling*. Lecture from Dept. of Educational & Counselling Psychology, and Special Education (ECPS), University of British Columbia, Vancouver.
- 2019** Tatomir, R. (2019, Feb 20). Emotionally-focused therapy (EFT) and Gottman method couples therapy in a nutshell: Structure, interventions, and techniques. In M. Miller (Instructor). *CNPS 598: Field Experiences*. Lecture from Dept. of ECPS, University of British Columbia, Vancouver.
- 2014-2018** Tatomir, R. (2014-2018 [Repeating workshop approx. every 3 months]). *Gottman method couples therapy: 7 principles group education program*. Public lecture from the Art of Loving, Vancouver, Canada.
- 2016** Tatomir, R. (2016, April 13). The Gottman relationship model, including comparison and contrast with emotionally-focused therapy. In Weiler, J. (Chair), *BCACC Counsellor Café*. Talk conducted at the meeting of BC Association of Clinical Counsellors, West Vancouver, Canada.
- 2016** Tatomir, R. (2016, February 25). Build your relationship fitness with RFIT: A step-by-step approach for couples, singles, families, & teams

in conflict. In Zoretich, M. (Chair), *BCACC Mindful Living Series*. Talk conducted at the meeting of BC Association of Clinical Counsellors, West Vancouver, Canada.

- 2015 Richard Tatomir. (Speaker) (2015, Multiple dates). Guetta, P. (Author).  
MoodSmart: A [CBT] Workshop for BC. Public lecture from Mood Disorders Association of BC, Vancouver, BC [Multiple locations].

## CONFERENCE ACTIVITY

### Posters

- 2011 **Tatomir, R. (2011, June).** Dating anxiety: A review of its etiologies & treatments. Poster session presented at the meeting of the Canadian Psychological Association, Toronto, Canada.

### Symposia

- 2016 **Tatomir, R., Mullan, E., Watkins, E.** Patterson, D., Jordan, S., Mawson, D., Brayne, R. (2016, November 3). Making a Difference: Opportunities and Challenges for Collaboration in Mental Health Services Transformation Work through Research and Training in Canada. In M. Minami (Chair), *Mental Health Services Research, the Roundtable*. Symposium conducted at the meeting of Simon Fraser University Faculty of Education, Counselling Psychology program's Mental Health Services Research Conference and University of Exeter, Surrey, Canada.
- 2016 **Tatomir, R., Ho, J., Grewal, A., Mullan, E., Watkins, E.** Patterson, D. Jordan, S., Mawson, D., Brayne, R. (2016, November 3). The Synergy of Counseling and Clinical Psychology: Dialogue between Transdiagnostic and Common Factor Approaches. In M. Minami (Chair), *Mental Health Services Research, the Roundtable*. Symposium conducted at the meeting of Simon Fraser University and University of Exeter, Surrey, Canada.
- 2013 **Chou, F., Kwee, J., Lees, R., Firth, K., Florence, J., Harms, J., Raber, M., Stevens, T., Tatomir, R., Weaver, C., Wilson, S. (2013, November 22).** *Nothing about us without us! Youth-led solutions to improve high school completion rates.* Paper presented at the meeting of the BC School Superintendents Conference, Vancouver, Canada.
- 2013 **Chou, F., Kwee, J., Lees, R., Firth, K., Florence, J., Harms, J., Raber, M., Stevens, T., Tatomir, R., Weaver, C., Wilson, S. (2013, March 2).** *Nothing about us without us! Youth-led solutions to improve high school completion rates.* In *Youth voices in research*. Symposium conducted at the meeting of the 3<sup>rd</sup> Annual

Counselling Psychology Research Conference in British Columbia, Vancouver, Canada.

**Attended**

Canadian Evaluation Society (CES) BC Conference. - Jan 24, 2020

SHIFT BC and the Office of Crime Reduction and Gang Outreach: Practitioner's Symposium. *The Hub Model & Applications in Secondary Prevention Vancouver Convention Center*. - November 26th & 27th, 2019

**MEDIA COVERAGE/PUBLICITY**

- 2020** Tatomir, R. (Speaker) (2020, December 29). How has your relationship endured during the pandemic? [Radio program]. *The Charles Adler Show with guest host Richard Cloutier*. Global News, Canada. <https://curiouscast.ca/podcast/135/charles-adler-tonight/>
- 2017** Racco, M. (2017, July 3, September 25). (1) Is it ever OK to date your friend's ex?; (2) Try these love hacks for a happier marriage. *Global News*. Retrieved from <http://globalnews.ca/news/3566239/is-it-ever-ok-to-date-your-friends-ex/> ; <https://globalnews.ca/news/3767100/happy-marriage-love-hacks/>
- 2017** Tatomir, R. (Speaker). (2017, March 13). Downloadable Love. In M. Reubens (Ed.), *BCIT Media Studies & Broadcasting student documentary*. (Interview discussing impact of online dating technology on modern relationships). BC Institute of Technology, Burnaby, BC.
- 2016** Tatomir, R. (Speaker) (2016, September 27). How dating has changed now in the year 2016. [Radio program]. *The Jill Bennett Show*. CKNW 980AM, Vancouver, BC.
- 2015** Tatomir, R., & Byrne, S. (Speaker). (2015, December 6). How to survive dating over the holidays. [Radio program/Audio podcast]. *The Jill Bennett Show*. CKNW 980AM. Retrieved from <https://soundcloud.com/cknw/jill-bennett-show-panel-discussion-how-to-survive-dating-during-the-holidays-dec-6-2015>

**PROFESSIONAL AFFILIATIONS & SERVICE**

Jan 2018-Present Board Member

Tri-Cities Best Practice Committee

- As part of a multi-agency committee, organize and deliver trauma-informed facilitator training regarding collaborative planning/meetings for professionals caring for vulnerable youth and families

May 2015-Present Director/Secretary (Board Member), BC and Yukon Chapter (Volunteer)

- Canadian Counselling and Psychotherapy Association (CCPA)
- Monthly budget review and approval
- Plan marketing initiatives such as workshops, speakers, newsletters, and awards to gain new members and add value to existing member base
- Mentor university student reps in recruitment & pathway to certification
- Contributing writer to Chapter newsletter distributed to 600+ members
- FACTBC Advocate to MLAs for creation of a College of Counselling Therapists under Health Professions Act

- Feb 2015-Mar 2018** Secretary-Treasurer, Non-Profit Consultant, Fund Development Coordinator/Grant Writer, Clinical Supervision (Volunteer)  
ProChoices Community Counselling Society: An Affordable Feminist-Narrative Counselling Clinic – Vancouver, BC
- Spear-head initiative to become a non-profit society, provided clinical and business consultation that resulted in growth of organization from approximately 6 interns and 10 clients to approximately 10 interns delivering over 1000 client hours to 200+ clients
  - Recruit board members; Compile, draft, and file documents to successfully incorporate as a non-profit society (achieved January 2016) and Charity (status pending)
  - Fund Development: Search and apply for government grants and other funding to allow for long-term sustainability; Chair grant committee
  - Ensure adherence to Society Act, including development of financial statements, scheduling AGM, directors meetings, annual reports
  - Provide clinical supervision of therapy interns Summer 2016, December 2017 and as needed

**Interests & Activities**

- Blues dancing, yoga & meditation, hiking, snowboarding & snowshoeing, kayaking, Spanish, Latin, & South American culture, travel

*(References: Available upon request)*

**APPENDIX A: ADDITIONAL CERTIFICATIONS OR ADVANCED TRAINING**

- 2022 Therapsil Training Program in Psychedelic (Psilocybin)-Assisted Psychotherapy. (Canadian Psychological Association approved, Health Canada-informed training). Modules:
1. The TheraPsil Mission: Advocacy, Assessment & Referral
  2. History of Clinical Research in Psychedelic Therapy
  3. Neurobiology, Neuropharmacology, Drug Disposition, and Drug Interactions
  4. Current Models of Consciousness
  5. Preparation and Integration Sessions



6. The Medicine Session
7. Therapeutic Relationship
8. Psychedelic Therapy in Palliative Care
9. Observing Psychedelic Sessions
10. Complementary Therapeutic Modalities in Psychedelic Psychotherapy
11. Trainee Psychedelic Experience (total 60 hours) (In Progress)
12. Clinical Supervision (minimum 10 hours) (In Progress)

- 2020            Comprehensive Basic Training in EMDR Therapy (EMDRIA Approved)  
Oct 26 2019-Feb 9 2020, 8 days (58 credit hours)  
Trainer: Jasmine Alexander, MA RPC RCC CCC CCPCPR, Director of Training, EMDRIA Approved Trainer, The EMDR Center of Canada
- Eye Movement Desensitization and Reprocessing was developed by Francine Shapiro in 1987, and is a WHO and APA recommended modality for the treatment of complex trauma/PTSD, and has also been shown effective in the treatment of many other psychological conditions, including anxieties and phobias.
  - Learning Objectives: Describe key principles of the Adaptive Information Processing Model and the elements of Shapiro’s (2018) and Leeds’s (2016) models of maladaptive memory networks; determine whether clients meet standardized criteria for readiness for EMDR reprocessing or need extended preparation; use standardized assessment tools or structured interviews to screen all prospective clients for dissociative disorders before using any bilateral stimulation procedures; describe a framework for case conceptualization and will organize and implement a planned sequence of targets for EMDR reprocessing; describe the purpose and carry out with adequate fidelity each of the steps in the Assessment Phase (3) and the Reprocessing Phases (4, 5, and 6) of the standard EMDR procedural steps; provide effective stabilization and manualized EMDR therapy to individuals suffering from civilian and combat PTSD, panic attacks, and specific phobias of traumatic origin; recognize when to offer an interweave selected from the themes of Responsibility, Safety, and Choice and also when to “stay out of the way.”
- Mar 2018            Recognizing and Responding to Suicide Risk (RRSR): Essential Skills for Clinicians – Mar 13-14, 2018 (14 hrs)  
Lead Facilitator: Louise Rogers, MA, RCC, Team Leader, CYMH; Certified RRSR Trainer  
Sponsor: Ministry of Children and Family Development, Child and Youth Mental Health, Richmond, BC
- RRSR is an interrelated series of learning events based on a set of 24 core competencies that comprehensively define the knowledge, skills and attitudes required for effective clinical risk assessment and

treatment of individuals at risk for suicide. The specific goal of this competency-based learning program is to provide mental health clinicians with essential clinical skills for working effectively with clients at risk for suicide. The expected outcome of this effort is an increase in the number of mental health clinicians who, after completing the training program, should be able to: Competently conduct a suicide risk assessment; Reasonably formulate client risk for suicide; Develop a treatment and services plan to address risk for suicidal behavior.

- Nov 2017 ASIST: Applied Suicide Intervention Skills Training – Nov 27-28, 2017 (14 hrs)  
Facilitators: Sandra Boulian, Lu Ripley, Certified ASIST Trainers, LivingWorks Education  
Sponsor: Ministry of Children & Family Development, Vancouver, BC
- Sep 2017 Complex Care & Intervention (CCI) Coach - Sep 25, 2017-Sep 29, 2017 (24hrs)  
Dr. Chuck Geddes et al., Clinical Director, Complex Trauma Resources
- June 2017 Child & Adolescent Functional Assessment Scale (CAFAS) - June 1-2, 2017 (14 hrs)  
Nanette Taylor, Executive Director, Hollyburn Family Services
- Dec 2017 Emergency First Aid Residential Care/CPR C/AED incl. Naloxone administration - Dec. 13, 2017 (4 hrs)  
Fire Medix
- Jan 2017 Mandt Advanced certified  
Instructors: Dan Aitken & Stephen Sjoberg, Maples Adolescent Treatment Centre - Burnaby, BC. (Advanced: 2017, Jan. 30 [7 hrs]; Standard Recertification: 2016, September 27 [7 hrs]. Standard first certified May 27-29, 2015 [21 hrs]).
- Mandt is an evidence-based system of verbal, nonverbal, and as a last resort, physical intervention, techniques designed to de-escalate clients who are at imminent risk of harm to self or others while reducing the risk of re-traumatization.
- Apr 2015 Observed Experiential Integration (OEI), Level II (12 hours over 4 sessions from May 19, 2014-Apr 24, 2015)  
Supervisor: Lindsay Faas (MA, CCC)  
OEI Level I (14 hrs over 2 days: Apr 26-27, 2014)  
Instructors: Dr. Richard Bradshaw & Audrey Cook (MA, AAMFT)

## Common CV

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- An eye-movement therapy that synthesizes principles of EMDR, Sensori-motor psychotherapy and other neuropsychological treatment approaches for the reduction of trauma.
- June 2015                      Occupational First Aid Level 1 (June 8, 2015). Expiry: June 10, 2018  
Academy of Emergency Training
- Nov 2014                      Connect Parent (Attachment-Based Parenting Group) Certified  
Facilitator (Adults - Parents)  
Mission Community Services - Mission, BC (Certified Nov 2014)  
Maples Adolescent Treatment Centre – Burnaby, BC (Sep 17-19,  
2012)  
Instructors: Lesley Nicholas-Beck and Karla Braber (MA)
- Facilitated 12-week evidence-based course for parents of adolescents with high-conflict teens. Engaged clients in interactive role plays and exercises to understand and improve attachment with their youth, model healthy communication & deepen empathy; Collection of saliva samples and survey data, interviewing and screening of research participants; Received 3-day in person training in 2012, and weekly telephone supervision over 12+ weeks I conducted the group in 2014
- Dec 2013                      TESOL/TESL/TEFL (100-hr Teacher Training Certification) (Dec.  
15,2013)  
Oxford Seminars
- May 2013                      Gottman 7 Principles Program group facilitation training (10 hours)  
Dr. David Penner & Laura Heck (MA, LMFT), The Gottman Institute  
– Seattle, WA. (May 3).
- Apr 2013                      Gottman Method Couples Therapy, Level 1  
(12 hours, 2 Graduate-level university credits)  
Dr. Ian Verseveldt, Trinity Western University, Langley, BC. (Jan-  
Apr).

### **APPENDIX B: TRAINING WORKSHOPS**

- 2018                      Acceptance and Commitment Therapy – Jan 29 & 30, 2018 (14 hrs)  
Facilitator: Chris McCurry, PhD, Clinical Psychologist, Associates in  
Behaviour and Child Development, Seattle  
Sponsor: Ministry of Children and Family Development, Child and  
Youth Mental Health division, Tri-Cities  
Location: Winslow Centre, Coquitlam School District
- Provided with the conceptual and empirical background, and therapeutic tools, to use Acceptance and Commitment Therapy (ACT) with children, teens, and parents across the developmental period and

for a wide variety of presenting problems. ACT was placed within the larger transdiagnostic or functional-contextual model and related mindfulness-based and acceptance-based therapies, which were compared and contrasted with ACT. Utilizing lecture, case presentation, demonstration, role-plays, and experiential exercises, this workshop allowed participants to apply ACT to real-world clinical issues impacting children, teens, and their parents.

- 2018 Indigenous Approach to Emotional Competency – Jan 25, 2018 (6.5 hrs)  
Facilitator: Dr. Lee Brown, PhD, Former Director of the Institute of Aboriginal Health in the College of Health Disciplines, and the Indigenous Doctoral Program in the Department of Educational Studies, at The University of British Columbia.  
Sponsor: Ministry of Children and Family Development Aboriginal Child & Youth Mental Health, Katzie First Nation, Pitt Meadows, BC
- Reviewed and experienced traditional Elder’s teachings and practices (such as smudging, story-telling, and talking circles) that emphasize heart knowledge as essential to a holistic orientation to emotional competency. Emotional Intelligence explored in connection to the creation of emotional competency and emotional skill: the ability to choose the emotional states that provide optimum support to achieve success and health in life. Provided a model that demonstrated a multi-layered and relational understanding of identity and human development, how this growth can be blocked, and the model’s connection to the 4 sacred medicines/medicine wheel. Explored the six principles of emotional competency that can develop emotional maturity in parenting and relationship skills.
- 2018 Understanding and Helping Children Heal from Complex Trauma: A New Perspective (Aboriginal Focus) – Jan 11-12, 2018 (16 hrs)  
Facilitator: Dr. Chip Nichols, PsyD., Consultant, Complex Trauma Resources  
Sponsor: Ministry of Children and Family Development Aboriginal Child & Youth Mental Health, Katzie First Nation, Pitt Meadows, BC
- 2018 Disorganized Attachment—What Works – Dec 12, 2017 (1 hr)  
Facilitators: Dr. Chuck Geddes, PhD, Director, & Elina Falck, Certified Trauma Specialist  
Sponsor: Complex Trauma Resources, Chilliwack, BC
- 2017 Introduction to Morita Therapy and its Counselling Application – Nov 4, 2017 (6.5 hrs)  
Facilitator: Dr. Ishu Ishiyama, PhD, Certified Morita Therapist, UBC Faculty

- Sponsor: UBC & SFU Graduate Counselling Psychology programs, Vancouver, BC
- 2017 Working with Children and Youth with Gender Dysphoria and their Families – Oct 4, 2017 (2 hrs)  
Facilitators: Dr. Wallace Wong R.Psy #01636; Summer Boyne, MSW  
Sponsor: Ministry of Children & Family Development, Burnaby, BC
- 2017 Behavioural Intervention Basic Training Workshop – Oct 21-22, 2017 (14 hrs)  
Facilitator: Julee Bassetto, M.Ed., BCBA, Behaviour Consultant  
Sponsor: Autism BC, Richmond, BC
- Core elements of discrete trial teaching/Functions of behaviour /Reinforcement techniques/Prompting techniques/Ethics/Data collection /Antecedent and established operations/Reinforcement assessment of preferences/Token economies/Prompting and fading techniques
- 2017 Concurrent Disorders – Sep 27, 2017 (2hrs)  
Facilitator: Dana Martin, MA, Youth Concurrent Disorders Therapist, Fraser Health  
Sponsor: Fraser Health & Ministry of Children & Family Development, Burnaby, BC
- 2017 Understanding Child Sexual Behaviour – Sep 22, 2017 (2hrs)  
Facilitator: Cheryne, Chebib, MFT, CYMH Clinician  
Sponsor: Ministry of Children & Family Development, Burnaby, BC
- 2017 Gender-Affirming Core Competency session – March 31, 2017 (6 hrs)  
Gender-Affirming Youth support session – April 1, 2017 (5 hrs)  
Facilitators: Gwen Haworth, Education Project Manager, Trans Care BC; Dr. Kelly Mattheis, MD; Catherine Wilcox, M.Ed., RCC  
Sponsor: Trans Care BC, a Provincial Health Services Authority program, Surrey BC
- Training in understanding the complexities of providing support to youth and their care systems who are undergoing or considering undergoing the gender transition process.
- 2017 Building Bridges through Understanding the Village – Aboriginal Training (7 hrs)  
Trainer: Kathi Camilleri, MA Leadership Studies, Aboriginal Child & Youth Mental Health Counsellor  
Sponsor: Ministry of Children & Family Development, New Westminster, BC (Jan 1, 2017)
- Through a series of interactive roleplays and experiential exercises led by Kathi and other Aboriginal leaders, participants were educated to

understand the intergenerational impact of residential school and other assimilation and colonization policies on the lives of Aboriginal peoples and strategize ways of initiating reconciliation and supportive relationship building on an individual, family, and community level within a First nations/Indigenizing values framework.

2015

Love Sense: The Science of Romantic Love (8 hours)  
Dr. Sue Johnson, Founder of International Centre for Clinical Excellence in Emotionally-Focused Therapy (ICEEFT) (Sep. 30)  
Sponsor: The Haven Retreat Centre, Gabriola Island

- Didactic presentations on the nature of love, attachment, the state of couples therapy, and conceptual and clinical base of EFT as well as experiential exercises focusing on the three main tasks of therapy, with special focus on guiding couples in emotion detection and regulation.

2015

Hull method of Positive Behaviour Support Clinical Intervention Model (incl. Data Collection) and Application to FASD/ARND/Neurological Dispositions (25 hrs)  
Anna Kucharski, MSc Public Policy, BSc Nursing, RN; Leo Massaquoi, MEd Counselling, CCC; Myra Mangadap, MA Counselling Psychology; Ryan Quinn, MA Criminal Justice; Nelam Sall, MA Counselling Psychology - Children & Youth with Complex Care Needs (CYCCN) program, Ministry of Child & Family Development – Burnaby, BC (June 2-5, 2015)

- The Hull method is an evidence-based method of Positive Behavior Support developed by Hull Services in Calgary, Alberta, and based off of over 30 years of work with children and adolescents with developmental delay and severe mental health/behavioural problems in residential facilities. The program has been shown to reduce behaviour problems and teach basic social skills necessary for successful community living in this population, as well as improve parent/caregiver management skills.

2014

A Therapeutic approach to psychological assessment with youth (3 hours)  
Dr. Loren McMaster (Psychologist, Ledger House) – Langley, BC (Oct. 8)

- Introduced to the tenets of Therapeutic Assessment with its basis in client-centred, narrative, and culturally-sensitive strength-based principles, contrasting how it differs from standard assessment as usual. An example Therapeutic Assessment based off a real youth suffering from psychiatric illness was demonstrated.

Mar 2014

CPI Nonviolent Crisis Intervention (7 hrs – March 19, 2017 [Re-certification]; 14 hrs – Oct 2009 [Original certification])

Instructor: Caitlin Williams, Mission Community Services – Mission, BC

- Train in a variety of verbal and non-verbal skills to manage client and workplace crises, including physically aggressive clients, as well as the use of holds and releases.

2013

Ministry of Child and Family Development Continuous Quality Improvement (CQI) Congress: Quality Improvement and Beyond (6 hours) – Langley Events Centre, Langley, BC (Dec. 4).

- What I learned from youth using the critical incident questions (Stephanie Mclean, MA Counselling Psychology). Listening to families and youth: Parent panel presentation (Karin Copeland, F.O.R.C.E. Society for Kids' Mental Health; Brian Gross & Laurie Schulz, Impact Youth Services). Getting feedback from those we supervise (Martin Bartel, MA Counselling Psychology, Rob York, MA, Duncan MacDonald, MA). From supervised to supported connection visits for families (Simon Harty & Roger Ekman). Alternative education students as youth co-researchers to improve schools (Fred Chou).

2012

Introduction to Existential Analysis (45 hours)

Dr. Teresa Howell, Karin Steichle (MA), Mihaela Launeanu (MA). (Nov. 10, 11, 24, 25, Dec. 8, 9).

- This introductory seminar presents a meaning-oriented access to life, an existential view of human nature, and existential dynamics. We will also demonstrate the process of helping clients come personally to meaningful decisions in therapy. Other topics will include the central attitude of understanding (phenomenology) in therapy, the role of the helper, and EA's conceptualization of motivation. The focus will be two-fold with the development of the person of the therapist (through experiential and dialogical exercises) and the training of participants in an empirically supported and practical approach to psychotherapy.

2012

Therapeutic Enactment. Counselling traumatized clients: An integrated multimodal group approach (6 hours)

Dr. Marvin Westwood & Stuart Hoover (MA), Canadian Counselling and Psychotherapy Association conference – Calgary. (May 24).

- In addition to an explanation of TE and its backing in trauma-informed neurobiology, participants had the opportunity to participate experientially in a therapeutic enactment group consisting of participant volunteers, moving from start to finish through rapport-building, symptom presentation, and symptom-resolution phases. Participants heard from former lived experience participants of the TE process, including several Canadian military veterans.

- 2011 Change Talk: Motivational dialogue (12 hours)  
Mark Goheen (MA), Fraser Health – University, Langley. (Sep. 28-29)
- The principles of the transtheoretical model of change and motivational interviewing (MI) were explained and demonstrated in depth. Skills were presented live with the trainer and participant volunteers across multiple scenarios to heighten experiential learning, including roleplaying case scenarios of clients who often have an exceptionally high-level of ambivalence (addictions, prison). Participants also had a chance to practice MI skills in dyads and small group exercises.
- 2011 Emotion-Focused Therapy for complex trauma: Helping clients resolve attachment injuries (7 hours)  
Dr. Sandra Paivio & Antonio Pascual-Leone, Canadian Psychological Association conference – Toronto. (June 1).
- 2011 Enhanced Critical Incident Technique (6 hours)  
Dr. Lee Butterfield, Designer of ECIT, Trinity Western University – Langley  
(Feb. 2 – Interview Skills, Feb. 16 – Data Analysis)
- Participants were led through a sample ECIT interview process. The analysis of critical incident techniques, categorization, and validation checks were demonstrated.
- 2011 The Heart and Soul of Change: What Works in Therapy. Improving Client Outcomes through Standardized Measures and Creating a Culture of Feedback (7 hours)  
Dr. Scott D. Miller, Co-Founder at International Center for Clinical Excellence, Chief Scientific Officer at Groupnos, Langley Events Centre – Langley, BC (Jan. 26, 2011).
- Presentation of the clinical and theoretical aspects of Feedback-Informed Therapy (FIT) and what are the therapeutic factors that have the greatest power in therapy, including video demonstration of top performers with clients using aspects of FIT. Small group/partner practice using feedback measures including Session Rating Scale and Outcome Rating Scale.
- 2010 Enhanced Critical Incident Technique (3 hours)  
Dr. Lee Butterfield, Designer of ECIT, Trinity Western University – Langley  
(Nov. 24)
- Introduction to the 50-year history that led to the creation of ECIT theory and practice and how it differs from CIT.



- 2010 An Introduction to AEDP: How to synchronize attachment theory, affective neuroscience, and experiential affect regulation strategies in Accelerated Experiential Dynamic Psychotherapy (AEDP) (3 hours) Benjamin Lipton, LCSW, Senior Faculty, AEDP Institute, NY, NY (Dec. 3, 2010)
- 2010 Jungian Sandtray Workshop (play therapy techniques), Trinity Western University, Langley. (6 hours) Bart Begalka, MA CPSY, RCC (Nov. 5).
- 2010 Introduction to Sex Therapy: Sexual History Taking, Diagnosis and Treatment of DSM-IV Sexual Disorders, Trinity Western University – Langley, BC (9 hours) Carlene van Tongeren, MA, RCC & Chad van Tongeren, MD (Jan. 22).

**APPENDIX C:  
EXTRACURRICULAR  
Volunteering/Leadership**

- 2009-2010 **In School Mentor  
Big Brothers/Big Sisters – Abbotsford, BC.**
- Act as a pro-social model and outlet for self-disclosure for boy in grade 4/5 once a week. Teach life skills including cooking and typing. Emphasize importance of physical exercise through playing sports. (January 2009-June 2010).
- 2008-2009 Student Leadership Challenge Participant and Speaker  
University of the Fraser Valley - Abbotsford, BC
- Participate in leadership group and self-directed project about 10 hours a week. Completed detailed personality/leadership trait testing developed by Kouzes & Pozner (Student Leadership Practice Inventory), involving peer and faculty assessment. Complete leadership project that includes volunteering in a leadership capacity in the community. Speaker to next year student leader cohort about experience. Attended workshops and retreats about leadership. (Sep. 24, 2008-Mar. 31, 2009).
- 2008-2010 Student Psychology Association Member  
University of the Fraser Valley - Abbotsford, BC
- Participate in weekly meetings and special events including animal brain dissections and exploration into graduate school forums. Volunteer for Connecting Minds Undergraduate Psychology Research Conference 2009 at Kwantlen Polytechnic University.
- 2008-2010 **Vice-President**

**International Development Student Club, University of the Fraser Valley – Abbotsford, BC**

- Organize fundraising events such as concerts and auctions to fund educational and relief programs in developing countries. Put on event “Rock for the Kids” at campus pub in April 2009 to raise money for a group home for street children in Peru and Dec. 2009 Rick Mercer’s “Spread the Net” Campaign event to raise money for anti-malarial nets in Africa. (Sep. 2008-Dec. 31, 2009).

Summer 2007

**Camp Counsellor**

**Canadian Cancer Society, Camp Goodtimes – Maple Ridge, BC.**

- Won competitive selection process with numerous UBC med and pre-med students for this opportunity. Supervised 9-11 year old boys who had cancer or were siblings of those with cancer in a plethora of recreational activities including watersports, arts and crafts. Assisted children with behavioural problems, grief issues, various mobility/medication issues.

2006-2010

**Orientation Leader/Campus Ambassador for New Students  
University of the Fraser Valley – Abbotsford.**

- Tour new students and parents around campus, show enthusiasm about campus life, give program and department info, answer questions, help create interactive group-building activities to create sense of community